Living in Portsmouth: Relocation Support



> My relocation was well-supported from start to finish, with a structured process that made the transition feel far less daunting than I expected. It allowed me to focus on settling into New Hampshire, which offers an incredible amount of natural beauty—beaches, forests, and mountains are all within reach, giving you the perfect balance of calm and nature without feeling isolated.
>
> Cyrus Kwok, MSAT Senior Scientist

Relocating to Portsmouth:

It is always a big decision to relocate for a new job, with lots of things to consider. That is why we partner with specialist relocation providers to provide support and advice throughout your move. Depending on your individual circumstances, that can include:

- **Lease Cancellation Assistance**
- **Home Finding Trips**
- **Temporary Living Support**
- **Shipment of Household Goods**
- **Final Move Assistance**
- **Home Marketing Assistance**
- **Miscellaneous Expense Allowance**

The Seacoast Ecosystem

Towns in the coastal area are deeply rooted in history where colonial homes, brick downtowns, old shipyards, and preserved greens are part of the scenery. You will find a comforting balance of tradition, a progressive outlook and modern amenities.

Community & Culture

Day-to-day life is generally relaxed and community-oriented with lots of walkable towns that are family friendly. The area values:

- Local businesses over big chains.
- Farmers markets, independent bookstores and neighborhood cafés.
- Getting to know your neighbors.

The Outdoors Lifestyle

The accessibility of the great outdoors is one of the area's biggest draws. The Piscataqua River, Great Bay, and marshlands shape the landscape, offering a wide range of opportunities all year round. You can kayak before work, walk the beach on the weekend, and find a spectacular spot to watch the sun go down.

The seasons really matter here, from summers that are lively with plenty of local events, to winters that are quieter and give you space to enjoy the scenery in peace.

A Guide to Local Towns

The region offers diverse neighborhoods to fit your lifestyle, whether you are looking for a bustling historic downtown, a quiet coastal retreat, or family-friendly inland value. Take a look at this brief overview of the communities that are most popular with Lonza colleagues.



Portsmouth, NH

Commute: Very short

The Lifestyle: Great for walkability, historic charm and a coastal lifestyle. It is ideal if you value being close to restaurants, shops, and the waterfront. Rental accommodation is limited, especially downtown.

Typical Housing Cost: $750K – $850K

Dover, NH

Commute: 12-20 minutes

The Lifestyle: Space meets value for money. Dover has more housing availability than Portsmouth, with a mix of apartments, condos, and family homes. It has downtown amenities with a residential feel, making it a popular choice for employees balancing cost and convenience.

Typical Housing Cost: $450K – $550K





Rochester, NH

Commute: 25 minutes

The Lifestyle: Plenty of space for your money. Rochester will appeal to you if you are on a budget and are prioritizing home ownership. It is slightly inland, but you will find larger living spaces than in coastal towns.

Typical Housing Cost: $400K – $475K

Kittery & Eliot, ME

Commute: 12-22 minutes

The Lifestyle: The Lifestyle: A great option for coastal living across the state border. You get immediate access to Portsmouth while enjoying the small town charm and quaint surroundings.

Typical Housing Cost: Slightly lower than Portsmouth

